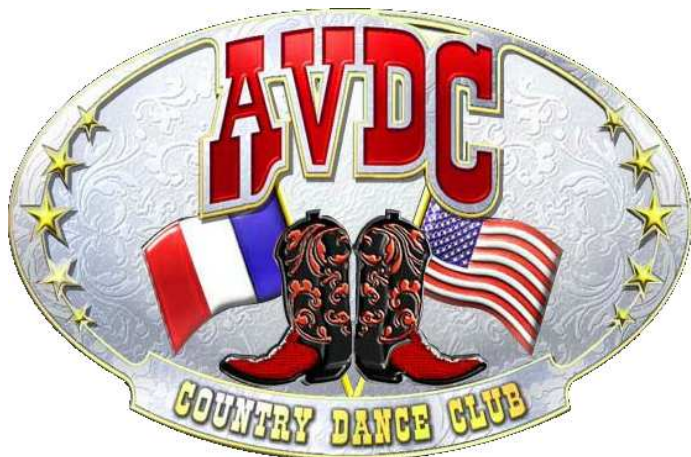




RUMBA ROCK

Niveau :



Chorégraphe : Carol & George Stayte

Musique: He Will Be Mine by Carlene Carter (140 bpm)

Type : Partenaire

Temps : 64 temps

Position de départ : Right Open Promenade, Holding inside hands, start facing LOD.

Man's steps listed, opposite foot work throughout

Démarrage: sur les paroles

SECTION 1 1- 8 H&F: ½ RUMBA BOX FORWARD, HOLD, (TWICE)

1-4 Step to the side on left, step right together, step left forward, hold

5-8 Step to the side on right, step left together, right forward, hold

SECTION 2 9-16 H&F: ½ RUMBA BOX BACK, HOLD, ¼ TURN, TOGETHER, STEP TO SIDE HOLD

1-4 Step to the side on left, step right together, step left back, hold

Into double open hand hold, face to face

5-8 Turn ¼ right (weight to right), step left together, step right to the side, hold

SECTION 3 17-24 CROSS ROCK ¼ TURN, HOLD, CROSS ROCK ½ TURN, HOLD

Release man's right, lady's left hand

1-4 Rock left over right, recover on right, step turn ¼ left on left, hold, LOD

Take up inside hands, release outside hands

5-8 Rock right forward, recover on left, turn ½ right (weight to right), hold, RLOD

SECTION 4 25-32 H&F: PIVOT ½ TURN, STEP FORWARD, HOLD, (M: WALK FORWARD, (X3), HOLD) (F: FULL TURN, STEP FORWARD, HOLD,)

Release hands

1-4 Step left forward, turn ½ right (weight to right), step left forward, hold, LOD

Take up right hands over lady's head

5-8 M: Walk forward on a right, left, right, hold,

F: full turn right on a left, right, step left forward, hold

Take up hands into side by side/sweetheart position

SECTION 5 33-40 H&F: ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD

1-4 Rock left forward, recover on right, step left back, hold

5-8 Rock right back, recover on left, step right forward, hold

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SECTION 6 41-48 H&F: ROCK, RECOVER $\frac{1}{4}$ TURN, HOLD, (M: ROCK FORWARD, RECOVER, ROCK BACK, HOLD,) (F: PIVOT $\frac{1}{2}$, STEP, HOLD,)

Release left hands

1-4 M: Rock left forward, recover on right, turn $\frac{1}{4}$ right and step left together, hold (OLOD)

F: Rock right forward, recover on left, turn $\frac{1}{4}$ right and step right together, hold (OLOD)

5-8 M: Rock right forward, recover on left, rock right back, hold

F: Step left forward, turn $\frac{1}{2}$ right (to face man), step left forward, hold

Face to face. Take up hands into double open handhold

SECTION 7 49-56 H&F: SIDE, BEHIND, TURN $\frac{1}{4}$, HOLD, STEP, LOCK, STEP, HOLD

1-4 Step to the side on left, cross right behind left, turn a $\frac{1}{4}$ on left to LOD, hold

Release man's left, lady's right hand

5-8 Step right forward, lock left behind right, step right forward, hold

SECTION 8 57-64 H&F: SIDE ROCK, RECOVER, STEP FORWARD, HOLD, STEP, LOCK, STEP, HOLD

1-4 Rock to the side on left, recover on right, step left forward, hold

5-8 Step right forward, lock left behind right, step right forward, hold

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