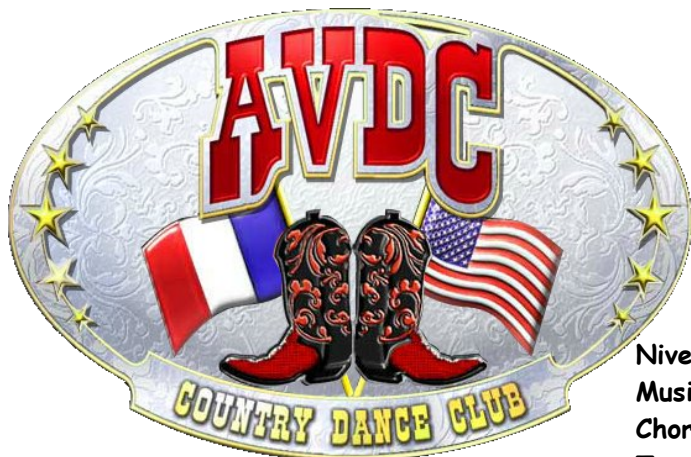




ROUND UP

Avril 2024



Niveau:

Musique Blinding Lights (Country Version) - Tebey

Chorégraphes: Isabella Ghinolfi (IT)

Temps: 32 temps - 2 Murs

Départ de la danse après les 16 premiers comptes

SECTION 1: R RUMBA BOX, L ROCK FORWARD, ½ TURN LEFT, R RUMBA BOX, MAMBO BACK

1&2 Step right to right, step left next to right, step right forward

3&4 Step left forward, recover on right, half turn left by stepping left forwards (6 o'clock)

5&6 Step right to right, step left next to right, step right forward

7&8 Step left forward, recover on right, step left backward (weight on the left)

SECTION 2: THREE STEPS BACK, ROCK FULL TURN, R ROCK STEP, R COASTER STEP

1&2 Step right backward, step left backward, step right backward

3&4 Left rock step turning half turn to left, recover weight on right, step left forward whilst making a half turn to left

5-6 Step right forward, recover weight on left

7&8 Step backward on right, step left beside right, step right forward (weight on the right)

SECTION 3: L STEP LOCK STEP FORWARD, R SCUFF FORWARD, R STEP FORWARD, L POINT BACK, L STEP BACK, R KICK FORWARD, R STEP LOCK STEP BACK, L COASTER STEP

1&2 Step left forward, lock right behind left, step left forward

&3&4& Right scuff forward, right step forward, left point back slightly behind, step on left, kick right forward

5&6 Step right backward, lock left in front of right, step right backward

7&8 Step backward on left, step right beside left, step left forward (weight on left)

SECTION 4: R STEP LOCK STEP FORWARD, L MAMBO, R SWEEP BACK, L SWEEP BACK, R SWEEP BACK, TWIST HEELS TO LEFT

1&2 Step right forward, lock left behind right, step right forward

3&4 Step left forward, recover weight on right, step left backward

5-6-7 Sweep right foot backward making a semi-circle stepping on right, sweep left foot backward making a semi-circle stepping on left, sweep right foot backward making a semi-circle stepping on right

&8 Twist both heels toward left and back to centre (weight on left)

RECOMMENCER AU DEBUT

Association Varoise de Danse Country