



SUGAR FOOT



Niveau:

Type : danse partner

Chorégraphe: Jo Thompson

Musique: Blue Finger Lou by Anne Murray 128 bpm

Ou Honky Tonk Boots by Sammy Kershaw 132 bpm

SUGARFOOT x3; KICK-BALL-CHANGE x2

- 1 Touch right toe together (swivel on ball of left and twist body to left)
- 2 Step right to side (swivel on ball of left and twist body to right)
- 3 Touch left heel to side (swivel on ball of right and twist body to left)
- 4 Cross left over right (swivel on ball of right and twist body to right)
- 5-8 Repeat above 4 counts

- 1 Touch right toe together (swivel on ball of left and twist body to left)
- 2 Step right to side (swivel on ball of left and twist body to right)
- 3 Touch left heel to side (swivel on ball of right and twist body to left)
- 4 Turn 1/4 right (weight to left)
- 5&6 Kick right forward, step right toe back, step left in place
- 7&8 Kick right forward, step right toe back, step left in place

WALK FORWARD 3, KICK, WALK BACK 2, BACK COASTER STEP

- 1-4 Step right forward, step left forward, step right forward, kick left forward
- 5-6 Step left back, step right back
- 7&8 Step left back, step together right, step left forward

AWAY, KICK, FACE, TOUCH, AWAY, KICK, FACE, TOUCH

- 1-2 Step right forward, kick left across right
- 3-4 Step left forward, kick right across left
- 5-8 Repeat above 4 counts

VINES LEFT AND RIGHT

- 1-4 Right vine turning a full turn right stepping right, left, right, brush left forward
- 5-8 Left vine turning a full turn left stepping left, right, left, brush right forward

EAST COAST SWING BASIC, STOMP TWICE

- 1&2 Step right slightly to side, step left together, step right in place
- 3&4 Step left slightly to side, step right together, step left in place
- 5-6 Step right toe back, step left in place
- 7-8 Stomp right in place, stomp left in place

REPEAT

RECOMMENCER AU DÉBUT

Association Varoise de Danse Country