



MAKE YOU SMILE



Niveau :

Musique: I'm not alright

Chorégraphes: Laura Jones

Type Danse en ligne

Temps : 64 Counts, 4 murs, 2 tags, 1 restart

mur 5: TAG 1

mur 9: TAG 2

restart mur 13 après 8 comptes

SECTION 1	SIDE ROCK KICK CROSS – TOE L – SCUFF L – HOLD
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- 1 – 2 R foot to the R – recover
 3 – 4 kick R fwd - step R over L
 5 – 6 touch L toe - scuff L
 7 – 8 step L fwd - hold

SECTION 2	ROCKSTEP R FWRD – TOE STRUT ½ TURN R – TOE STRUT ½ TURN R – ROCKSTEP R BACK
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- 1 – 2 step R fwd - recover
 3 – 4 toe strut R ½ turn R
 5 – 6 toe strut L ½ turn R
 7 – 8 step R back - recover

SECTION 3	KICK R – FLICK R – STEP R – FLICK L – STEP L – HOOK R – STEP R – FLICK L
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- 1 – 2 kick R fwd – flick R
 3 – 4 step R fwd – flick L
 5 – 6 step L ¼ turn R – hook R
 7 – 8 step R ¼ turn R – flick L

SECTION 4	GRAPEVINE L – ROCKSTEP ¼ TURN – STOMP L – STOMP L
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- 1 – 2 step L to the L – step R behind L
 3 – 4 step L to the L – step R over L
 5 – 6 step L turn ¼ L – recover
 7 – 8 step L next to R – stomp L - stomp L

TAG 1 : 16 COUNTS

SECTION 1 GRAPEVINE R – PIVOT $\frac{1}{2}$ TURN R – PIVOT $\frac{1}{2}$ TURN R

- | | |
|-------|------------------------------------|
| 1 – 2 | step R to the R – step L behind R |
| 3 – 4 | step R to the R – scuff |
| 5 – 6 | step L fwrd – turn $\frac{1}{2}$ R |
| 7 – 8 | step L fwrd – turn $\frac{1}{2}$ R |

SECTION 2 GRAPEVINE L – PIVOT $\frac{1}{2}$ TURN L – PIVOT $\frac{1}{2}$ TURN L

- | | |
|-------|------------------------------------|
| 1 – 2 | step L to the L – step R behind L |
| 3 – 4 | step L to the L – scuff |
| 5 – 6 | step R fwrd – turn $\frac{1}{2}$ L |
| 7 – 8 | step R fwrd – turn $\frac{1}{2}$ L |

TAG 2 : 32 COUNTS

SECTION 1 GRAPEVINE R – PIVOT $\frac{1}{2}$ TURN R – PIVOT $\frac{1}{2}$ TURN R

- | | |
|-------|------------------------------------|
| 1 – 2 | step R to the R – step L behind R |
| 3 – 4 | step R to the R – scuff |
| 5 – 6 | step L fwrd – turn $\frac{1}{2}$ R |
| 7 – 8 | step L fwrd – turn $\frac{1}{2}$ R |

SECTION 2 GRAPEVINE L – PIVOT $\frac{1}{2}$ TURN L – PIVOT $\frac{1}{2}$ TURN L

- | | |
|-------|------------------------------------|
| 1 – 2 | step L to the L – step R behind L |
| 3 – 4 | step L to the L – scuff |
| 5 – 6 | step R fwrd – turn $\frac{1}{2}$ L |
| 7 – 8 | step R fwrd – turn $\frac{1}{2}$ L |

SECTION 3 STEP R – FLICK L- STEP L – FLICK R – SIDE ROCK CROSS R

- | | |
|-------|---------------------------|
| 1 – 2 | step R to the R – flick L |
| 3 – 4 | step L to the L – flick R |
| 5 – 6 | step R to the R – recover |
| 7 – 8 | step R over L – hold |

SECTION 4 SIDE ROCK CROSS L – PIVOT $\frac{1}{2}$ TURN L

- | | |
|-------|------------------------------------|
| 1 – 2 | step L to the L – recover |
| 3 – 4 | step L over R – hold |
| 5 – 6 | step R fwrd – turn $\frac{1}{2}$ L |
| 7 – 8 | step R fwrd – turn $\frac{1}{2}$ L |

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