



PRESS REWIND



Niveau :

Chorégraphe : Fabian Muller (2022)

Musique: Take It Back (feat. Dom Fricot) - Jef Miles

Temps : 32 comptes, 4 murs, 1 restart, 1 tag, 1 break

SECT 1 ROCK STEP, RECOVER, STEP BACK, TOUCH, FULL TURN UNWIND, SHUFFLE BACK, STEP BACK, HITCH, TOUCH, SWIVEL

1 – 2 & Rock step forward R – Recover L – Step

3 – 4 Touch L toe back – Unwind full turn over left weight changes to L

5 & 6 & Step back R – Close L in front of R – Step back R – Step back L and hitch R

7 & 8 Touch R forward – Swivel R heel to right – Swivel R heel back to center

Restart in 5th wall

SECT 2 KICK, HOOK, KICK, STEP, KICK, HOCK, KICK, STEP, STEP, STOMP, STEP, STOMP UP, STOMP

& 1 & 2 Kick forward R – Hook R in front of L – Kick forward R – Step forward R

& 3 & 4 Kick forward L – Hook L in front of R – Kick forward L – Step forward L

5 – 6 Long step forward R – Stomp L next to R

7 & 8 Long step forward R – Stomp up L next to R – Stomp forward L

SECT 3 POINT, STEP, POINT, KICK BALL POINT, STEP BACK, SHUFFLE BACK

1 – 2 Point R to right – Step forward R

3 – 4 & Point L to left – Kick forward L – Step on ball of L

5 – 6 Point R to right – Step back R

7 & 8 Step back L – Close R in front of L – Step back L

SECT 4 1/4 TURN, SIDE ROCK, RECOVER, BEHIND, SIDE, HEEL, SIDE, CROSS, HOLD, SIDE, CROSS, HOLD OR SCUFF

1 – 2 1/4 Turn right and side rock R – Recover L

3 & 4 & Cross R behind L – Step side L – Heel R diagonal forward to right – Step to side R

5 – 6 Cross L in front of R – Hold

Break in 13th wall and hold count 7 - 8

& 7 – 8 Side step R – Cross L in front of R – Hold or Scuff

While the artist is singing, the last count is a hold. With the beat, the last count is a scuff!

Tag 1 after 7 TH wall

SECT 1 CROSS, 1 1/4 UNWIND

1 – 4 Cross R in front of L – Unwind 1 1/4 Turn over left weight changes to L

(start 6:00 ending 03:00)

For easier orientation you can only turn 1/4 to left

RECOMMENCER AU DEBUT

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